

On the occasion of our 30<sup>th</sup> year, the Ottawa Stingers invite you to the  
Coloplast 2010 Canadian Wheelchair Rugby Championships



Championnat canadien de rugby en fauteuil roulant Coloplast 2010



May 14-16, 2010

Carleton University Ravens' Nest



Ottawa, ON, CAN

————— TITLE SPONSOR —————



**Coloplast**



	<p>We also have set space aside for Family &amp; Friends at <b>The Southway Inn</b> (which is 8 km or 15 minutes) from Carleton University.</p> <p>Confirmation #: 610179  Web site: <a href="http://www.southway.com">http://www.southway.com</a>  Address: <a href="http://www.southway.com">2431 Bank Street, Ottawa, ON, K1V 8R9</a>  Tel: 1-877-688-4929 (Toll Free in Canada &amp; USA)  Tel: 1-613-737-0811  Fax: 1-613-737-3207</p>
<p><b>Transportation:</b></p>  <p><b>Kevin McEwen,</b>  <b>Transportation</b>  <b>Coordinator,</b>  <b>Cell: 613-223-3899</b></p>  <p><b>Patrice Dagenais,</b>  <b>Event Chair,</b>  <b>Cell: 613-720-5439</b></p>	<p>Transportation will be provided between the airport and the Residence Commons building where you will check in and depart. Please arrange for your flights to arrive on Wednesday or Thursday, and to depart no later than Monday in order to access the tournament transportation. Please send your flight schedules, preferably by team, to our Transportation Coordinator, Kevin McEwen, Cell: 613-223-3899. <a href="mailto:kevinrmcewen@sympatico.ca">kevinrmcewen@sympatico.ca</a> using the attached Transportation Form.</p> <p>Please note that Classification will begin at 14:00 on Thursday. Should any of your players require to be classified, please have them arrive in order to be ready to be classified, by the above stated time. If this causes any difficulty in your flights, please contact the CWSA office <a href="mailto:dlane@cwsa.ca">dlane@cwsa.ca</a> and scheduling arrangements can be made.</p> <p>The banquet will be held on Sunday evening, so we expect for most people to schedule themselves to depart on Monday morning.</p> <p>Patrice Dagenais and Kevin McEwen will be at the airport – please check in with them when you arrive at the luggage carousels in Ottawa.</p> <p>Transportation vehicles will have CWSA logo magnets on them for identification purposes.</p>
<p><b>Competition</b>  <b>Format:</b></p>	<p>As approved at the Dec-2009 meeting of the Canadian Wheelchair Rugby Committee, all teams will be ranked by a CWRC sub-committee prior to the Nationals, which will look at the final rosters and the team's results from the past season and from last year's Nationals. The top-5 teams will be slotted in to Pool A, while the next 4 teams will play in Pool B. Each game is scheduled 1 hour and 45 minutes long in order to accommodate for longer games with the score clock, and to allow proper warm-up time for the athletes.</p>

	<p>There are 25 games in the schedule and each team is guaranteed to play at least five games.</p> <p>The pool games will have more games involving teams of comparable levels and no teams will have to play any back-to-back games.</p> <p>Both the Division I and the Division II gold medal games will be televised by Rogers TV.</p>
<p><b>Adhesive-Free Policy:</b></p>	<p>As also discussed at the Dec-2009 meeting, <b>these national championships will be Adhesive Free. PLEASE ENSURE THAT YOU CLEAN YOUR CHAIR AND ALL YOUR TIRES PRIOR TO ARRIVAL IN OTTAWA.</b> Referees will not let you play with a dirty chair. Spoke guards are the exception if you push on them. There will be no spray-zone, as no sprays, glues, or excessive adhesive taping will be allowed, as we wish to be able to rent great facilities like this one in the future. Thank you for your understanding and cooperation.</p>
<p><b>Registration Information:</b></p>	<p>The registration fee is \$1100 per Provincial Team and \$600 per Provincial "B" or "C" Team if necessary, for up to 10 individuals (players and registered team staff). Additional individuals are \$50 each. Extra banquet tickets are available at a cost of \$40 each, until Friday, May 7<sup>th</sup>, 2010. Contact Don Lane, <a href="mailto:dlane@cwsa.ca">dlane@cwsa.ca</a> for more information.</p> <p>Your team's registration will include the following amenities:</p> <ul style="list-style-type: none"> <li>- Transportation to/from the airport to Carleton University</li> <li>- Player Packs and Team Packs, to be picked up upon check-in at Res Commons Building at our registration desk.</li> <li>- Nationals Banquet on Sunday Night in Porter Hall, Carleton U.</li> <li>- Volunteer Support at the Airport and on the Campus</li> <li>- National Classification Panel for your players</li> <li>- Box Lunches for all three days of the Nationals</li> <li>- Snacks and water at both the gym &amp; the airport</li> <li>- A yet-to-be announced innovative entertainer at the Banquet</li> <li>- National and International Level Wheelchair Rugby Referees</li> </ul> <p>Please make your cheques payable to the "<b>Ottawa Stingers Wheelchair Rugby Club.</b>" We thank you in advance for sending in your cheques promptly.</p> <p>All players and team staff must check in at our registration desk in <b>Residence Commons</b> where they will receive their player packs, and provide their signed waiver forms.</p>

**Nearby the Campus:**

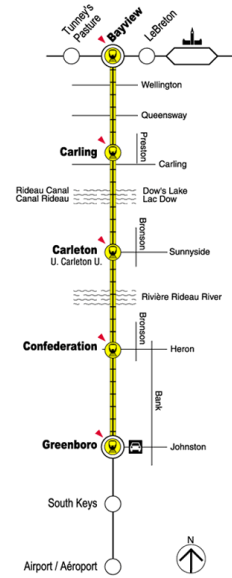
Using Ottawa’s electric train, “The O-Train” you will find a mall only two stops from the Carleton Station stop, which is centrally located on campus in between the residence buildings and the gymnasium complex. At Greenboro Station, you will find the following stores, among others:

Blockbuster	Chapters
Bulk Barn	Roots
Loblaws (grocery store)	The Source by Circuit City
Cineplex Odeon	Danier Leather
Staples	Wal-Mart
Future Shop	Winners

The strip also features several restaurants that are self-standing in the outer parking lot area, such as:

- Denny’s
- Montana’s
- Kelsey’s
- KS on the Keys

Tickets for the O-Train are \$2.50 and are valid for 90 minutes from time of purchase, and are available from vending machines at every train station. Each station has one platform for both directions of travel except Carleton Station which has a separate platform for each direction accessed via a pedestrian underpass.



The [five O-Train stations](#) have basic facilities including:

- A well lit platform
- Shelters (unheated)
- Payphones
- Map & Schedule Information
- Emergency Call Boxes



**Questions & Main Contact:**

**Don Lane, [dlane@cwsa.ca](mailto:dlane@cwsa.ca) Tel: 613.523.0004 Cell: 613.286.5233**  
**Skype: don-ottawa Windows Live: don-ottawa@hotmail.com**

<p><b>In Ottawa:</b></p>	<ul style="list-style-type: none"> <li>- At the time of our event, the national capital region will be in the middle of the <a href="#">Canadian Tulip Festival</a>, which will have four sites of cultural exhibits and entertainment for our participants to enjoy. The national capital region also has numerous museums, shopping districts, &amp; recreational opportunities for your family members:</li> <li>- <a href="#">Parliament Hill</a></li> <li>- <a href="#">Gatineau Park</a></li> <li>- <a href="#">ByWard Market</a></li> <li>- <a href="#">The Rideau Centre</a></li> <li>- <a href="#">National Arts Centre</a></li> <li>- <a href="#">The Diefenbunker</a></li> <li>- <a href="#">&amp; more!</a></li> <li>- <a href="#">Museum of Science &amp; Technology</a></li> <li>- <a href="#">Casino du Lac Leamy</a></li> <li>- <a href="#">Canadian Museum of Nature</a></li> <li>- <a href="#">Canadian War Museum</a></li> <li>- <a href="#">Museum of Civilization</a></li> <li>- <a href="#">National Gallery of Canada</a></li> <li>- <a href="#">Canadian Aviation Museum</a></li> </ul>
<p><b>Officials &amp; Classifiers:</b></p>	<p>The event can offer classifier clinics and referee clinics should there be interest from your members to be trained. Please contact Don Lane at the CWSA office <a href="mailto:dlane@cwsa.ca">dlane@cwsa.ca</a> in case you would like to have someone trained at the Nationals.</p> <p>Classification will begin on Thursday, May 13<sup>th</sup> at 14:00. The Chief Classifier at the Nationals this year will be Level III Internationally Certified Classifier, Paul Easton, from Halifax. He will have three other classifiers on his Classification Panel from across the country. Please ensure that your players who require classification are able to be there, in their rugby chair, and ready to be classified by 14:00 on Thursday. Special accommodations can be made in the schedule to assure that those travelling the farthest will be scheduled later in the day. Please send in the travel schedules of the players who require classification or classification review to Chief Classifier, Paul Easton at: <a href="mailto:pteaston@hotmail.com">pteaston@hotmail.com</a></p>
<p><b>Doping Control:</b></p>	<p>As per usual at our national championships, doping control tests will be performed on players from any division. Please review the policies and procedures, as well as the Prohibited List on the <a href="#">CCES Website</a> and act accordingly. These policies and procedures are in line with Canadian (CCES) and International (WADA) codes, and accepted by the CWSA.</p>
<p><b>Rules:</b></p>	<p>Standard IWRF Rules and Regulations will be in force for the 2010 Coloplast Canadian Wheelchair Rugby Championships.</p>
<p><b>Required Information:</b></p>	<ul style="list-style-type: none"> <li>- Team Transportation and Registration Forms (both attached)</li> <li>- Athlete and Team Staff Waiver Forms (attached)</li> <li>- Player Profile Form (attached)</li> <li>- Carleton University Accommodations Request Form (attached)</li> <li>- For media purposes, please also include both a Team Photo and individual Head Shot photos for your players and team staff.</li> </ul>

